# **SYMPOSIUMS**

# Brain Aging, Neurodegeneration and the Role of Natural Molecules in Maintaining Brain Health

11-13 October 2023

Polish Academy of Sciences Scientific Center in Paris

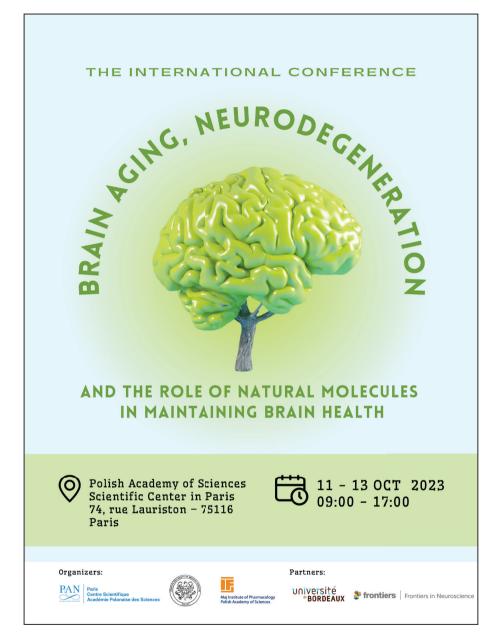
Małgorzata Kujawska Poznan University of Medical Sciences

Neurodegenerative diseases are complex age-related brain disorders with multiple dysfunctional pathways. Contributing factors, including pathological protein aggregation, synaptic and neuronal network dysfunction, aberrant proteostasis, cytoskeletal abnormalities, altered energy homeostasis, genetic defects, and inflammation, are well-established features of neurodegeneration leading to inevitable cell loss. There is also a growing body of evidence of the involvement of the gut-brain axis consisting of bidirectional communication between the enteric bacteria and the central nervous system via hormonal, neural, and immune pathways. The resulting combined effects of toxic gain and loss of function are suggested to contribute to the multi-hit process driving neurodegeneration. Nevertheless, the mechanism remains unclear, and no effective disease-modifying treatment exists. Therefore, the concept of brain health is emerging as an element of a holistic neuroprotective strategy.

Interest in the identification of neuroprotective compounds and nutritional interventions is increasing. In this respect, polyphenols and their metabolites are considered valuable sources of strengthening neuroprotection, including effects of antioxidants, anti-inflammatory, apoptosis, and autophagy, and are also highlighted through the intestine-brain axis. Given the complexity of the framework, it is essential to quantify the release patterns of the key molecules involved in interconnects in order to operate them effectively. Therefore, more research is needed on natural bioactive compounds with brain health

promotion characteristics for multi-target modulation in preventing neurodegenerative diseases and alleviating their symptoms.

The international conference aimed to create a platform for exchanging ideas by leading scientists working on neurodegenerative diseases and developing neuroprotective approaches using natural compounds and nutritional interventions. Moreover, the role of the gut-brain axis in neurodegeneration and neuroprotection and multimodal approaches for understanding neurodegeneration and holistic neuroprotection have been demonstrated.



Affiche

#### **№ PROGRAMME**

### Wednesday, October 11 2023

#### Brain aging and neurodegenerative diseases

09:00-9:15	Welcoming Remarks Dr Eng. Magdalena Sajdak, PAS Scientific Center in Paris, France Dr Małgorzata Kujawska, Poznań University of Medical Sciences, Poland
9:15-10:00	Dr Andrii Domanskyi – Orion Pharma, Helsinki, Finnland Targeting pathological protein aggregation in neurodegeneration: dead end or a new hope?
10:00-10:45	Dr Rosanna Parlato – Mannheim Center of Translational Neuroscience Medical Faculty Mannheim Heidelberg University, Mannheim, Germany Dysregulation of quality control mechanisms in age-related neurodegenerative diseases
10:45-11:00	COFFEE BREAK
11:00-11:45	Dr Witold Konopka – Laboratory of Neuroplasticity and Metabolism Dept. of Life Sciences and Biotechnology PORT Łukasiewicz, Wrocław, Poland Neuronal microRNA function in health and disease
11:45–12:30	Dr Katarzyna Kuter-Nowak – Dept Neuropsychopharmacology Maj Institute of Pharmacology PAS, Krakow, Poland Glia – a new player in Parkinson's disease animal models
12:30-13:45	LUNCH BREAK (lunch at own cost)
13:45-14:30	Dr Vittorio Maglione – IRCCS Neuromed, Pozzilli (IS), Italy Glycosphingolipid metabolism as potential therapeutic target for Huntington's disease

14:30–15:15	Prof. Pierre-Marie Lledo – Laboratory of <i>Genes, Synapses</i> and Cognition at the CNRS and laboratory of <i>Perception</i> and <i>Memory</i> at the Pasteur Institute, Paris, France <i>The embodied brain</i>
15:15–15:30	COFFEE BREAK
15:30–16:00	Dr Grzegorz Kreiner – Dept Brain Biochemistry Maj Institute of Pharmacology PAS, Kraków, Poland CEPHARES – a new R&D center at the Maj Institute of Pharmacology: mission, opportunities, perspectives
16:00-16:20	ERC grants – Polish Academy of Sciences – Excellence in Science Department, Anna Urbańska
16:20–16:45	NAWA grants – Katarzyna Pietruszyńska Presentation of available grant programs for scientists by representatives of these organizations
16:45	Day One Summary

#### Thursday, October 12 2023

## Effect of nutrition on the brain. AI and nanotechnology in neurodegenerative diseases

9:15–16:45	All day poster session  Presenters are expected to mount their posters before the first lecture at the lobby or courtyard (if weathers allows).  Poster size: vertical, preferably 70x100 cm, mounted by clips on the prepared stands. Presenting Authors are expected to be at their posters during the lunch break
9:15-10:00	Prof. Gerard Clarke – Dept Psychiatry and Neurobehavioral Science Ireland University of Cork, Ireland Focus on stress and tryptophan metabolism in the microbiota-gut-brain axis

10:00-10:45	Prof. Peter McCaffery – Institute of Medical Sciences, University of Aberdeen, Aberdeen, UK A vitamin for sustaining the brain in health and disease
10:45-11:00	COFFEE BREAK
11:00-11:45	Prof. Jean Luc Olivier – CHRU de Nancy, Pôle des Laboratoires, Service de Biochimie-Biologie Moléculaire- Nutrition, Nancy, France Impact of dietary arachidonic acid on gut-brain axis, putative contribution to AD
11:45–12:30	Prof. Lydia Giménez Llort – Universitat Autònoma de Barcelona, Barcelona, Spain Coffee, sugars and fish in normal aging and Alzheimer's disease under the lens of sex/gender translational behavioral neuroscience
12:30-14:00	LUNCH BREAK
14:00-14:45	Dr Ajeet Kaushik – Florida Polytechnic University, USA – on-line Nanobiotechnology is getting into the brain
14:45–15:30	Prof. Karol Kozak – Medical Faculty Technical University Dresden, Dresden, Germany AIMS ready for AI: neurological data acquisition platform
15:30-15:45	COFFEE BREAK (lunch on site, covered by organizers)
15:45–16:30	Prof. Martin Hofmann-Apitius – Fraunhofer Institute for Algorithms and Scientific Computing SCAI, Sankt Augustin, Germany PHARMACOMES: cause-and-effect models linking drugs, targets and disease mechanisms
16:30-17:00	Dr Małgorzata Chalupowski, Copernicus Institute for the arts, Sciences and Law of New England
17:00	Day Two Summary

### Friday, October 13

#### Neuroprotective role of phytochemicals and their metabolites

9:15-10:00	Prof. Pierre Louis-Teissedre – Institut des Sciences de la vigne et du vin Université de Bordeaux, Bordeaux, France Effects of tanins, grapes, and wines on chronic and degenerative diseases
10:00-10:45	Dr Michaël Jourdes – Institut des Sciences de la vigne et du vin Université de Bordeaux, Bordeaux, France Phenolic compounds in food diet and their metabolite on degenerative diseases
10:45-11:00	COFFEE BREAK
11:00-11:45	Dr Małgorzata Kujawska – Poznan University of Medical Sciences Poznań, Poland Ellagitannins-derived metabolite – Urolithin A as a neuroprotective agent in PD
11:45–12:15	Dr G. Kreiner – Dept. Brain Biochemistry Maj Institute of Pharmacology PAS, Krakow, Poland – Conference Summary and closing remarks